

What is Travel Training?

Travel training is an intensive self-paced process that teaches seniors and individuals with disabilities how to safely and independently use the public bus.

Travel destinations are the trainee's choice and can include: school, medical appointments, shopping, recreation, and work.



Our travel trainers provide personalized, one-on-one instruction which takes into account each trainee's unique abilities and needs.

PVTA Travel Training:

- **Become more independent**
- **Build self-confidence**
- **Stay active in the community**



To Get Started:

1. Submit a referral for yourself, a client, or a loved one. Referral forms can be found at:
www.pvta.com/traveltraining
2. A travel trainer will contact you to schedule a meeting before training begins. Sessions are scheduled on a first-come first-served basis.

Travel Training Program
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Travel Training Program



Pioneer Valley Transit Authority

Travel Training with PVTA

Who Should Participate?

Seniors or individuals 13 years of age and older with cognitive, mental health, or physical impairments who wish to become more independent. Your residence and destination should be on or near a public bus route.

How Much Does it Cost?

Pay only for your bus fare; travel training lessons are free-of-charge.

Learn How To:

- Plan a trip
- Get to and from your bus stop
- Ride a specific route
- Recognize bus stops, landmarks, and bus numbers
- Pay fares and purchase passes
- Board with a mobility device and where to position it
- Transfer to another bus
- Prepare for the unexpected
- Cross streets safely
- Stranger awareness
- Read and understand bus schedules
- Use technology including the PVTA bus tracker

Classroom and Group Training:

Group training provides an introduction to the PVTA system, teaches about the accessibility of the buses, and shows how to travel safely.

Group training is tailored to the needs of each group. Training can include an indoor session discussing a variety of topics related to traveling on the bus and/or an outdoor session that includes a trip on a PVTA route.

Presentations and small group trips are available for schools as well as agencies that serve the elderly or people with disabilities.



Destination Training:

A travel trainer will ride with you to your desired destination at times of your choosing, and teach you skills and techniques for safe travel.

Training is conducted in a series of steps from initial one-on-one instruction to the gradual fading of trainer assistance leading to independent travel.

The instructor will stay with you until you feel comfortable and confident riding the bus.

This option is best for those who want specific steps to follow or who only want to access a few destinations.

General Orientation:

Intensive one-on-one instruction that teaches how to plan routes and access the entire PVTA system.

This option is best for those who independently travel safely in their community and would like to be able to travel anywhere in the system.