

# Travel Training Program

PVTA offers travel training to seniors and people with mobility impairments who are motivated to learn how to safely and independently use the public bus system.

Our travel trainers provide personalized, one-on-one instruction which takes each trainee's unique needs and abilities into account.

## Populations Served:

- Developmental Limitations
- Mental Health Diagnoses
- Deaf and Hard of Hearing
- Physical Impairments
- Acquired Brain Injuries
- Autism Spectrum Disorders
- Seniors (ages 60+)
- High School Students with Mobility Impairments
- Communication Disorders
- Visual Impairments (*not diagnosed as legally blind*)



*You can learn how to use an accessible public bus, and PVTA can show you how!*

**Don't wait. Your road to independence can start today!**

- 1** Call PVTA at 413.732.6248 ext. 235, to learn more about our Travel Training Program.
- 2** Schedule an appointment with our Mobility Trainer for a travel needs assessment.

Mobility Training Coordinator  
2808 Main Street  
Springfield, MA 01107  
Phone: 413.732.6248 Ext. 235  
Fax: 413.739.8917  
MobilityTrainer@pvta.com



# Travel Training Program



**Pioneer Valley  
Transit Authority**

# Travel Training with PVTA



## What is Travel Training?

Travel training is a self-paced process that teaches seniors and people with disabilities how to safely and independently use the public bus.

Travel destinations are the trainee's choice and can include: work, school, medical appointments, and recreation sites.

## Who Should Participate?

Seniors and individuals with mobility impairments who wish to become more independent. Your residence and destination should be on or near a public bus route.

## Training Process:

A mobility instructor will travel with you to your desired destination at times of your convenience, and teach you skills and techniques for safe travel.

Training is conducted in a series of steps from initial one-on-one instruction to the gradual fading of trainer assistance leading to independent travel.

The instructor will stay with you until you feel comfortable and confident riding the bus.

## Costs:

Travel training is provided free-of-charge except for your bus fare while training is taking place.



## Benefits of Travel Training:

- Enhances freedom, mobility and independence
- Provides access to safe and low-cost transportation
- Increases self-confidence
- Promotes healthy living by helping you stay active in the community

## PVTA Travel Trainers Can Teach You:

- ❖ How to plan your trip
- ❖ How to get to and from your bus stop
- ❖ How to ride a specific route
- ❖ How to recognize bus numbers, bus stops, and landmarks
- ❖ How to pay fares and purchase tickets and passes
- ❖ How to board with a mobility device
- ❖ Where to position your mobility device on the bus
- ❖ How to prepare for the unexpected
- ❖ Street crossing safety
- ❖ Stranger awareness
- ❖ How to read and understand bus schedules